

# THE FAMILY RUN Place to Pause



Our story began in 2012 when the owner with more than 20 years of experience who qualified at the Le Cordon Blue London & worked at prestigious places such as Claridge's & Simpsons In The Strand decided to open a little caffe by day & restaurant by night. To keep it simple we call it a French-Italian fusion.

## **SHARING**

#### OYSTERS

Rock Oysters with classic mignonette sauce (shallots & vinegar)

3 Oysters ~ £8.50 / 6 Oysters ~ £16.50 / 9 Oysters ~ £23.50

Gusbourne Burt Reserve -125ml ~ £11.60

<b>DOLCE FRUITS DE MER</b> Seafood platter with Black Tiger Prawns, Langoustine, Crayfish, Prawns, Smoked Scottish Salmon with marie rose sauce and garlic mayonnaise served with toasted bloomer	£36.00
<b>TERRA E MONTI</b> Meat platter with mortodella, black forest ham, parma ham, milano salame, mozzarella, roasted peppers, sun-blushed tomatoes, garlic bread and mediterranean mixed olives	£25.00
<i>GARLIC BREAD (V)</i> Ciabatta bread with garlic & Italian herbs	£4.50
MEDITERRANEAN MIXED OLIVES (V)	£4.00

Herbs de provence marinated olives

# **APPETIZERS**

FRENCH ONION SOUP GRATINÉE (V) Emmental cheese and croutons	£8.95
<b>BURRATA AL BRUSCHETTA POMODORO (V)</b> Whole Burrata on a bed of tomato, garlic, basil, olive oil with toasted bloomer bread	£10.95
<b>BRIE IN CARROZZA (V)</b> Fried brie coated twice in bread crumbs, served with cranberry and onion chutney	£8.50
<b>BUTTERMILK POPCORN CHICKEN</b> Fried chicken breast coated in Japanese bread crumbs with sriracha mayonnaise and organic leaf salad	£9.50
<b>CALAMARI FRITTI</b> Deep-fried & coated in semolina, plain flour, salt & pepper with marinara sauce and lemon wedge	£8.95
<b>KING PRAWNS</b> Pan-fried prawns white wine, chilli & garlic butter served with a toasted bloomer	£10.50
<b>SICILIAN FISH CAKE</b> Two Sicilian fish cakes with cod, salmon, smoked haddock, Sicilian spices, garlic & chilli aioli	£9.50
<b>SCALLOPS</b> Pan-fried scallop's flamed in brandy, garlic, chilli & parsley butter	£11.90
<b>MUSSELS AU GRATIN</b> Baked mussels with garlic, parsley, butter, pecorino cheese and ponko breadcrumbs with dijon mustand aioli	£9.50
<b>PRAWN &amp; CRAYFISH COCKTAIL</b> With our homemade marie rose sauce	£10.95

# **MEAT**

<b>COTOLETTA ALLA DOLCE</b> Pork escalope coated twice in egg, parmesan and bread crumbs then pan fried in butter served with French fries and wild lingonberry sauce	£24.50
<b>CONFIT DUCK &amp; WAFFLE</b> Crispy confit duck leg on a bed of homemade waffle, fried free range egg & maple syrup	£22.00
<b>VENISON BOURGUIGNON</b> Slow-cooked venison, braised with carrots, mushrooms, juniper berries & herbs in red wine & rich game stock, served with mash potato & seasonal vegetables	£19.50
<b>LAMB SHANK</b> Slow braised lamb shank cooked in a delicious rich red wine jus served with creamy mash potato & seasonal vegetables	£22.90
VEAL MILANESE Pan-fried veal coated in parmesan, bread crumbs served with spaghetti pomodoro Add Spicy Nduja Calabrian sausage	£19.00 £3.00
FEGATO AL PROFUMO DI TARTUFO Pan-fried calf's liver with caramelised onion, crispy pancetta, truffle oil, rich demi glace served with creamy mash potato and seasonal vegetables	£19.90
<b>CHICKEN SUPREME</b> Chicken breast cooked in white wine, mushroom & creamy sauce served with Paris potato & vegetables	£19.00
<b>CHICKEN SCHNITZEL</b> Pan-fried Chicken breast coated in herb bread crumbs served with spaghetti pomodoro or French fries and galric mayo	£18.00

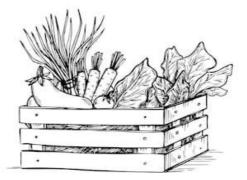




<b>BLACK ANGUS SIRLOIN STEAK (300g)</b> Served with French fries and a choice of garlic & parsley butter, peppercorn, chimichurri or blue cheese sauce	£28.00
<b>BLACK ANGUS RIB-EYE STEAK (300g)</b> A finely marbled cut served with French fries and a choice of garlic & parsley butter, peppercorn, chimichurri or blue cheese sauce	£30.00
<b>ANGUS BEEF BURGER</b> Homemade angus beef burger with lettuce, red onion, gherkins, cheese, bacon and tomato served with French fries & slaw	£15.90

# FISH

### **BLACK TIGER PRAWNS** £24.00 10 grilled black tiger prawns with chilli, garlic & parsley served with French fries £20.00 SEA BASS (N) Pan-fried whole filleted sea bass with tomato, olives, garlic, pesto, extra virgin olive oil, salsa served on a bed of basil mash potato & vegetable **GRILLED SALMON, MUSTARD & WHITE WINE SAUCE** £18.50 Grilled salmon supreme served on a bed of new jersey potatoes, green beans creamy white wine and dijon mustard sauce **SALAD** £18.50 **DOLCE SALAD** Grilled chicken, crispy bacon, grilled halloumi, sun-dried tomato, roasted peppers, mixed Italian leaves, house dressing & parmesan shavings £18.00 SALAD NIOISE Tuna in olive oil New Jersey potato, Boiled Egg, Little Gem Lettuces, French beans, Tomato, anchovy, black olives & Mustard Vignetter



# PASTA

LOBSTER SPAGETTI	£30.00
Slow roasted cherry tomatoes, lobster bisque, basil, spring onion ,chilli flakes, lobster oil	£18.00
<b>SPAGHETTI ALLO SCOGLIO DI MARE</b> Blacktiger prawns, squid, mussels, clams, prawns, garlic with chillies & tomato sauce	
<b>WILD MUSHROOM RISOTTO</b> Wild mushroom risotto, truffle oil and parmesan shavings	£16.90
PENNE POLLO PICCANTE	£14.50
Penne pasta with chicken, chilli, onion, garlic, tomato sauce & touch of cream topped with pecorino cheese	£13.50
<b>SPAGHETTI ALLA BOLOGNESE</b> Slow cooked Angus beef ragu, tomato & basil topped with pecorino cheese	£13.50
<b>PENNE ALLA PIEMONTESE</b> Grilled chicken, spinach & pine nuts in creamy gorgonzola sauce topped with pecorino cheese	£15.50
<b>SPAGHETTI CARBONARA</b> Crispy bacon, ground black pepper, olive oil, egg & creamy sauce topped	£13.50
with pecorino cheese	£14.50
LASAGNA BIANCA (V) Courgette, spinach, brie, Grana padano & basil served with a side salad	£13.50
<b>SPAGHETTI ALLA PUTTANESCA (V)</b> Spaghetti with black olives, tomato sauce, chilli flakes, capers, garlic parsley topped with parmesan	&1J,JV



### **SIDES**

FRIED COURGETTE	£5.00
<b>CREAMED SPINACH -</b> Grated Parmesan	£5.00
GREEN BEANS & PARMESAN	£4.50
FRENCH FRIES	£4.00
SWEET POTATO FRIES	£4.50
ROCKET & PARMESAN	£4.00
HERB LEAF SALAD	£4.00
BUTTERY MASH POTATO	£4.00
DUTTERT MASH TOTATO	14.00

### **DESSERTS**

#### £6.00

See our cake counter for a sweet inspiration, home-made freshly made each day.

ICE-CREAM (3 SCOOPS) £6.00 Vanilla Chocolate chip Strawberry Raspberry sorbet

AFFOGATO £6.00

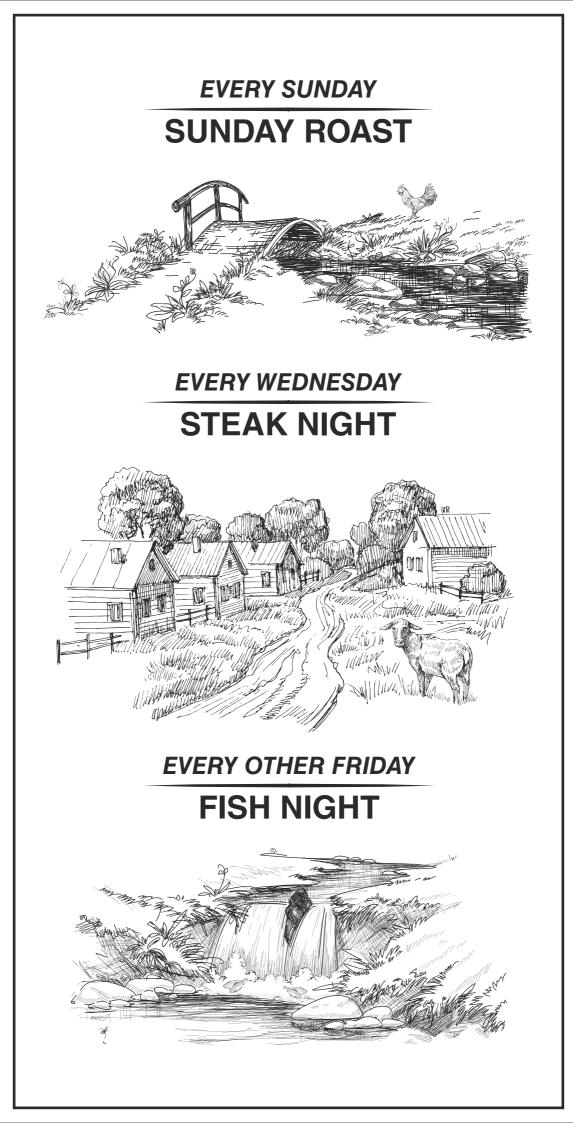
Double Espresso Poured Over Vanilla Ice-Cream

#### **CHEESEBOARD**

£9.50

Selection of cheeses accompanied by our homemade chutney, grapes & variety of crackers.

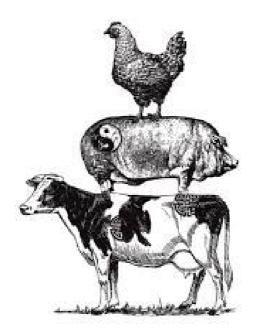




## TRADITIONAL SUNDAY ROAST

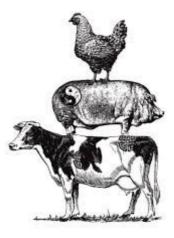
### **STARTERS**

<b>CRAYFISH AND PRAWN COCKTAIL</b> With our homemade marie rose sauce	£10.95
<b>SICILIAN FISH CAKE</b> Cod, salmon & smoked haddock, Sicilian spices garlic & chilli aioli	£9.50
<b>CALAMARI FRITTI</b> Deep-fried & coated in semolina, plain flour, salt & pepper with marinara sauce and lemon wedge	£8.95
<b>BUTTERMILK POPCORN CHICKEN</b> Fried chicken breast coated in japanese bread crumbs with sriracha mayonnaise and organic leafs	£9.50
<b>BRIE IN CARROZZA (V)</b> Fried brie coated twice in bread crumbs, served with cranberry and onion chutney	£8.50
TOMATO & BASIL SOUP (VE) With Croutons	£6.95



### MAINS

<b>TRIO OF BEEF, LAMB AND PORK ROASTS</b> With potatoes roasted in goose fat, rosemary, thyme, red onion & garlic, rich beef gravy, Yorkshire pudding accompanied by seasonal vegetables	£21.50
<b>ROAST SIRLOIN ANGUS BEEF</b> With potatoes roasted in goose fat, rosemary, thyme, red onion & garlic, rich beef gravy, Yorkshire pudding accompanied by seasonal vegetables	£18.00
<b>ROAST LEG OF LAMB</b> With potatoes roasted in goose fat, rosemary, thyme, red onion & garlic, rich gravy, Yorkshire pudding accompanied by seasonal vegetables	£17.50
<b>ROAST PORK LOIN</b> With potatoes roasted in goose fat, rosemary, thyme, red onion & garlic, rich gravy, Yorkshire pudding accompanied by seasonal vegetables	£16.00
<b>ROAST TURKEY BREAST</b> Free range & 100% British with homemade stuffing, potatoes roasted in goose fat, rosemary, thyme, red onion & garlic,rich chicken gravy, accompanied by seasonal vegetables	£16.00
<b>NUT ROAST</b> Vegetarian nut roast with vegetarian gravy served with roast potatoes, Yorkshire pudding and stuffing	£14.00
<b>LAMB SHANK</b> Slow braised lamb shank cooked in a delicious rich red wine jus served with creamy mash potato & seasonal vegetables	£22.90
<b>SEA BASS (N)</b> Pan-fried whole filleted sea bass with tomato, olives, garlic, pesto, extra virgin olive oil salsa served on bed of basil mash potato & vegetables	£20.00
LASAGNA BIANCA (V) Courgette, spinach, brie, Grana Padano & basil	£12.50



#### **STEAK NIGHT** Wednesdays 6pm - 10pm

Church Rib Art Rung In

## **STEAKS**

FILLET STEAK (60z) The lady's steak, the most tender, lean & mild in flavor	£23.00
<b>RIB-EYE STEAK (60z)</b> Scotch fillet has a ribbon of marbling which melts during cooking, leavening a very juicy steak	£19.50
<b>SIRLOIN STEAK (60z)</b> The city boy or snob's steak, as it's from middle back has a good size & is well marbled with tasty fat	£18.50
<b>RUMP STEAK (60z)</b> The steak-eater's steak. This is full of flavour, it comes from the back side & must be well hung	£18.50
SALMONE SUPREME Grilled salmon with white wine sauce	£18.50

All served with grilled tomato, flat mushrooms & onion rings

With a choice of salad or peas & choice of French fries or garlic mash potato

**Including** a glass of red or white wine or half pint of Moretti or a soft drink

*Our steaks are from grain-fed British cattle matured & traditionally dry-aged for* 28 days, at this point the meat develops its unique flavour & quality.

### **SAUCES**

<b>BLUE CHEESE</b> Stilton & Dolcelatte sauce	£2.50
<b>GARLIC CHIMICHURRI</b> An Argentinian steak salsa with fresh garlic, parsley, chilli & lime	£2.00
Inne PEPPERCORN Traditional green peppercorn sauce	£2.00
<b>DIANE</b> Mushroom & onion sauce with a hint of brandy	£2.00

# FISH NIGHT

Every other Friday

Pick your favourite fish, we'll cook it in a moment!



### **STARTERS**

SCALLOPS Starter Main	£10.90 £20.00
DRESSED DEVON CRAB	£13.50
<b>ROCK OYSTERS</b> 3 pcs with classic mignonette sauce (shallots & vinegar)	£8.50
BLACK TIGER PRAWNS Starter - 5pcs Main - 10pcs	£11.50 £24.00
GRILLED SARDINES	£9.00

### MAINS

WHOLE DOVER SOLE	£40.00
WHOLE SEABREAM	£22.00
WHOLE SEABASS	£22.00
WHOLE LEMON SOLE	£22.00
WHOLE TROUT TUNA	£19.50
STEAK MOULES	£19.50
MARINERE WHOLE	£19.50
WITCH FISH WHOLE	£19.95
PLAICE FISH SALMON	£19.50
SUPREME WHOLE	£18.50
LOBSTER HALF	£46.00
LOBSTER	£22.00

All mains are served with a choice of skinny fries, creamy mash potato side salad or peas

All our fish is grilled in open fire with garlic & lemon butter.

Please note your catch of the day is subject to availability.

#### DINE WITH WINE EVERY MONDAY



£32.00 Per Person 3 Course Meal Including one large glass of wine



#### **STARTER**

BRUSCHETTA AL POMODORO (V) Classic tomato & basil, toasted ciabatta

#### SICILIAN FISH CAKE

Cod, salmon & smoked haddock, Sicilian spices garlic & chilli aioli

#### HALLOUMI SALAD

Grilled Halloumi with mixed salad and balsamic glaze

#### MAIN COURSE

#### **POLLO MILANESE**

Pan-fried chicken coated in bread crumbs served with French fries

#### SIRLOIN STEAK (6oz)

Char-grilled sirloin steak cooked at your liking served with French fries & salad

#### **DOLCE SALAD WITH CHICKEN**

Mixed leaves, roasted peppers, sun-dried tomatoes, cucumber, red onion, grilled halloumi with grilled chicken

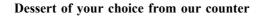
#### PENNE CON SPINACI

Penne pasta with onion, garlic, spinach, creamy sauce & topped with parmesan

#### SPAGHETTI AL CALAMARI PICCANTI

Calamari, chilli, tomato sauce, garlic olive oil

#### DESSERT



Cheeseboard with chutney and crackers







Tables for 6 and over are subject to a 10% service charge